

☸ Tibet - Roof of the World ☸



⌚ Duration

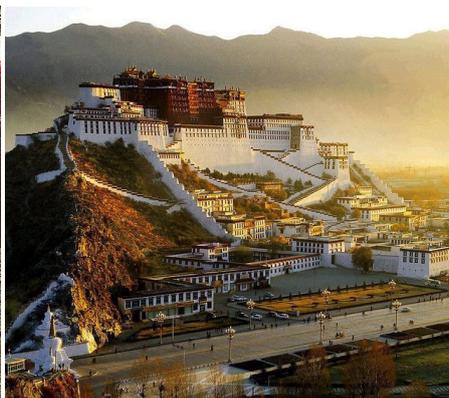
4 Day 3 Nights

☸ HIGHLIGHTS ☸

Sutra detating at Sera Monastery

Potala Palace

Praying before Jokang Temple



✧ ITINERARY ✧

☛ Day 01 Xian to Lhasa

Take flight from Xian to Lhasa, upon arrival in Lhasa, greeted by your local guide at Lhasa airport and then transferred to hotel. The rest of day free to acclimatize yourself to the high altitude.

Meals: Not included for this day
Stay overnight at hotel in Lhasa

☛ Day 02 Lhasa City Tour (B/L)

Buffet Breakfast at hotel

Full day sightseeing in Lhasa city.

In the morning, visit Potala Palace (Due to local government new policy for crowd control, visiting time to the Potala Palace depends on the time as specified on the ticket).

Constructed by the 5th Dalai Lama in 1645, it was the chief residence of the Dalai Lama until the 14th Dalai Lama fled to India during the 1959 Tibetan uprising. Thirteen stories of buildings—containing over 1,000 rooms, 10,000 shrines and about 200,000 statues—soar 117 metres (384 ft) on top of Marpo Ri, the "Red Hill", rising more than 300 m (about 1,000 ft) in total above the valley floor. It boasts the highest palace in the world and has been inscribed to the UNESCO World Heritage List in 1994.

Lunch at local restaurant

After lunch, drive back to hotel for a 2 hours break before your visit in the afternoon.

Afternoon visit to Jokhang Temple and the Barkkor Street, as well the Norbulingka Palace which as the summer palace of Dalai Lama.

Jokhang Temple is considered the "spiritual heart of the city" and most sacred in Tibet. Found during the reign of king Songtsän Gampo to house the Buddhist statues and images brought from China and Nepal by his two wives came from China and Nepal. Barkhor is the market in the heart of Lhasa which has the trek path for pilgrims to circulate around the temple. On the Barkkor Street, you'll find numerous shops selling all kinds of souvenir from Tibet and Nepal.

After a relaxing visit in the Norbulingka Palace or the Summer Palace for Dalai Lama, drive back to hotel. Evening free on your own.

Meals: Breakfast/Lunch
Dinner: Free on your own
Stay overnight in Lhasa

☛ Day 03 Lhasa City tour (B/L)

Buffet breakfast at hotel

Full day sightseeing in Lhasa city.

In the morning, drive to visit Drepung Monastery, which was found in 1416AD and located on five kilometers away from the western suburb of Lhasa. It is one of the "great three" Gelukpa university monasteries of Tibet (The other two are Ganden and Sera), and also the largest of all Tibetan monasteries.

After the visit, drive back to Lhasa for your lunch.

Lunch at local restaurant.

If time permits, one hour break in the hotel before your afternoon tour to the Sera Monastery where the famous sutra debating takes place from 15:30 to 17:00 in the garden of the monastery. Sera Monastery is also one of the "great three" Gelug university monasteries of Tibet, and located 1.25 miles (2.01 km) north of Lhasa. The Sera Monastery, as a complex of structures with the Great Assembly Hall and three colleges, was founded in 1419. Sera Monastery in Tibet and its counterpart in Mysore, India are noted for their debate sessions.

After the tour, drive back to hotel. Evening free for your own.

Meals: Breakfast/Lunch

Dinner: Free on your own

Stay overnight in Lhasa

☛ Day 04 Lhasa/** (B)

Breakfast at hotel

Morning free on your own., then transferred to airport for your flight.

Tour ends!

☞ QUOTATION ☜

Net Rates per person (USD)	4 Star Hotel	5 Star Hotel
1 pax	2650	2800
2-5 pax	1350	1500
6-9 pax	800	950
10+ pax	750	900
Single Room Supplement	450	600

☞ HOTEL INFORMATION ☜

4 Star –FourPoint By Sheraton

5 Star- Shangri-la Hotel Lhasa



❧ ADDITIONAL INFORMATION ❧

What's Included	What's Not Included
➤ Private tour with English-speaking guide by car/van in Lhasa	➤ Chinese tourist visa
➤ Entry Tibet Permit for foreigner.	➤ International & domestic tickets to /from Lhasa
➤ Admission fees and activity expenses, as noted in the itinerary	➤ Transfer fro hotel to Xianyang airport
➤ Meals as noted in the itinerary	➤ Excursions and activities not included in the itinerary
➤ Accommodations for 3 nights in Lhasa based on 2 pax sharing one room, including breakfast, service charge, and government tax	➤ Meals not included in the itinerary
➤ Bottled water	➤ Tips to guide & driver
	➤ Any personal expenses such as laundry at hotel